Diamond Hill-Jarvis High School is now using electronic forms for their athletic packet.

The only form that is turned in to the Athletic Trainer is the two-sided Medical History/Physical page

## Tips:

- 1. Please use your legal name, the same as it is in Focus.
- 2. Forms do not save, thus a parent and the student MUST be together for them to be signed and submitted.
- 3. Click at the bottom of each page and enter an email address; then click submit. This will send you a conformation email that the form was accepted. If you do not receive an email, then the form was not accepted.
- 4. There are 6 forms that must be completed. Each must be submitted individually.

To access the form please follow these steps:

- 1. Go to <a href="http://fortworthisd.rankonesport.com">http://fortworthisd.rankonesport.com</a>
- 2. Click on Electronic Participation Forms
- 3. Fill out all 6 form individually. Please use your legal name as it is in Focus.
- 4. Enter an email address and then click submit at the bottom of the page.

Questions? Please call the Athletic Trainer at 817-815-0086